# **ANNUAL REPORT FOR YEAR 2008 - 09**

### **HEALTH:-**

## HIV/ AIDS Project Under program "Zindgi Zinda Bad"

RAH has aware the HIV / AIDS, under the program Zindgi zinda Bad programme in Giridih Area which was undertaken by Jarkhand State AIDS Control Society. Through this campaign we intend to provide information regarding HIV/AIDS and other health related issues of Birni, Bagodar and Dumri Block, Jharkhand. The key components of the campaign was well equipped by IEC Van with LCD TV, DVD, Projector Provided by JSACS, PA System and back lit messages wich was stationed in the major village haats, bus stands, railway stations, village choupals, red light areas, highway dhabas, mining sites, etc to educate women, youth, panchyat members, tribal & tribal leaders, VHC members, CSWs, etc. The IEC Van campaign was also consisted of Nukkad Natak teams/ local cultural troupes along with wall panting teams.

## CHILD'S ENVIRONMENT PROJECT

<u>SUPPLEMENTARY NUTRITION</u>: Supplementary nutrition is provided to children under six year and to pregnant election mother's from low income group families. Chi8ldren under six year of age are identified and provided with supplementary nutrition on the basis of their upper Mid-arm circumference or weight for age (new guide lines may be issued from time to time) Supplementary Nutrition given previously for 100 days of the year but now for whole year. In cases of severe malnutrition is larger quantity of suitable food is provided. (The average cost of food per beneficiary is reviewed Periodically).

<u>IMMUNIZATION</u>: Immunization against diphtheria tetanus, whooping cough tuberculosis and polio is given to all children. Typhoid vaccine. Should be given to children 5 years and above. When available, children are also immunized against measles Immunization against tetanus is given to all pregnant women who also receive iron and folic acid tablets children may also receive vitamin and iron and folio acid tablets.

<u>HEALTH CHECK UP:</u> Health check up services include antenatal care of pregnant women post natal care of nursing Mothers and care of children under six years of age. The children are examined and weighed Periodically. Immunized and treated for ailments like diarrhea dysentery and worm infestation.

**REFERRAL SERVICES:** Referral services are provided for both mothers and children. High risk are provided appropriate facilities at the PHC. Sub Center's, clinics. Districts Hospitals and referral Hospitals.

**NUTRITION AND HEALTH EDUCATION**; Nutrition & Health Education is given to all women between the age of 15 and 45 with priority given to pregnant women & lection mothers & special follow up is done of mothers whose children suffer from malnutrition or morbidity. Health & Nutrition Education is provided through special campaigns cooking and feeding demonstrations and home visits by rah worker's.

#### PAINTING AND CRAFT TRAINING TO LOCAL STUDENT:-

Painting & Craft training is provided by organization in Khairachhatar to 19 student and given them information about natural science which they have enjoy a lot.

#### **ENVIRONMENTAL AWARENESS/PLANTATION PROGRAMME: -**

On the eve of world environmental day on 5<sup>th</sup> June 2008 a seminar was organized in RAH office premises out of its own fund for the 2<sup>th</sup> time which was attended by a large no. of people. Many dignitaries such as official of horticultural department were invited to give their valuable suggestion and make the people understand the benefits and effectiveness of protecting environment, the professionals of RAH and 100s of local people planted seedlings in the area of Khairachhatar and Pupunki, Bokaro. Local student were organized to undertake a rally around the area to increase awareness among the local people regarding plantation activity for environmental sustainability. It was barren and it was us rahs who with our hard work have transformed it into one of the green and beautiful places in Jharkhand.